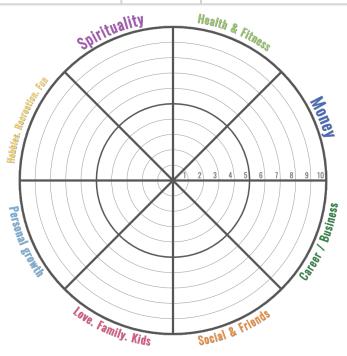


Evaluate the current state of each sphere. From 1 point – horror to 10 points – everything is fine.

Sphere of life	Point	Why?
Health & Fitness		
Money		
Career / Business		
Social & Friends		
Love. Family. Kids		
Personal growth		
Hobbies. Recreation. Fun		
Spirituality		



Name:

What does not satisfy me?

My goals:

Date:

Full description of the method by URL: Goal-Life.com/wheel-of-life

Online test: Goal-Life.com/tool/wheel_life